

Speakers: September to December 2017

Our meetings are held every month in the Ohio State Ross Heart Hospital Auditorium (6-8pm) where we learn about heart disease and heart healthy living (light meal and parking pass provided).

RSVP to Jeff Davidson at (614) 580-1561 or jadavidson@columbus.rr.com

Thurs., Sept 14, 2017: Dr. Ragavendra Baliga, MD, MBA, FACP, FRCP, FACC, Associate Director of Cardiovascular Medicine and a Professor of Internal Medicine at the OSU Wexner Medical Center will speak on: **"Preventing Heart Disease"**



Wed., Oct 18, 2017: James Warner, Program Director Food and Nutrition at The Ohio State University Wexner Medical Center will speak on: **"Nutrition and a Heart Healthy Diet"** as Jim displays his executive chef skills in preparing us a meal and expounding on the benefits of a plant based lifestyle.



Nov., 9, 2017: Dr. Ellin F. Gafford, MD, FAAHPM, FACP, Associate Professor Clinical, Department of Internal Medicine; Director, Palliative Medicine at the OSU Wexner Medical Center, will speak on: **"Palliative Care and Caregiver Decisions— Heart Failure Patients"**



Thurs., December 14, 2017: **Members Only Celebration of Life Dinner** with praise for the doctors and nurses who gave us the blessing of another year of life, sharing 2017 heart stories, and updates on our group's accomplishments!

