

Heart Education Meetings

## RSVP to join us and Ashley Guiler, RN, BSN, CCRN; Mallory Sheppard, RN, and Ashley Shepherd, RN, from Ohio State's Ross Heart Hospital for:



Mallory, Ashley G. and Ashley S.

## "The 1<sup>st</sup> Critical 24 Hours After Open-Heart Surgery—A Nurses Perspective"

These critical care nurses will speak to us about the incredible care and skills that nurses provide after open-heart surgery, including monitoring heart signals and watching for: water retention, pneumonia, internal bleeding, infection and other issues as they "nurse us back to health"! This meeting will be a celebration of the nursing profession!!

## Wednesday, May 11, 2016

6:00 pm - 8:00 pm in the Ross Heart Hospital Auditorium, OSU Wexner Medical Center, 452 West 10<sup>th</sup> Avenue, Columbus, OH 43210 Light meal provided and a parking pass for the adjacent Safe Auto garage (visit <u>www.medicalcenter.osu.edu</u> for directions)

**Mallory Sheppard**, RN, has been an RN for five years and has spent most of that time caring for patients after open-heart surgery. She began her career in the CVICU at St. Vincent Health System in Little Rock, ARK and began working on 4Ross in Aug 2014.

**Ashley Guiler,** RN, BSN, CCRN has been a CVICU/transplant nurse at the Ross since 2007. Ashley functions in many roles on 4Ross and teaches the Open Heart Class, is a Charge Nurse, and a primary preceptor.

**Ashley Shepherd**, RN, has been a nurse for ten years. She began her career as a PCA at Mt. Carmel in the SICU/Cardiac ICU, continuing in the ICU for 2 years after becoming an RN. Ashley has been on 4Ross since 2008 where she functions as a charge nurse, is part of the education committee, and is an open-heart admitting nurse.

## **RSVP** to Jeff Davidson at (614) 580-1561 or <u>jadavidson@columbus.rr.com</u> Visit our website at: <u>www.mendedheartscentralohio.org</u>

Mended Hearts members seek to inspire, comfort and support heart patients and their families and people at risk of heart disease. Since March 2011, our central Ohio Chapter has grown to over 260 members and made over 8,000 heart patient visits at the Ross and University Hospital East. We share heart success stories, strive to stay healthy long-term, and host educational meetings each month!