



Mended Hearts[™]
of Central Ohio

Heart Education Meetings

RSVP to join us and Dr. Kathleen Dungan, MD, MPH, Associate Professor of Medicine in Endocrinology, Diabetes & Metabolism at OSUWMC and **Caroline Rankin**, Executive Director of Health Innovations of the YMCA of Central Ohio, speaking on:



"Diabetes and Heart Disease"

Learn about the link between diabetes and heart disease/heart failure and diabetes prevention programs and support (with Q&A opportunities).

You will also meet some inspirational people with serious heart issues and hear some uplifting stories!

Thursday, March 9, 2017

**6:00 pm - 8:00 pm in the Ross Heart Hospital Auditorium,
OSU Wexner Medical Center, 452 West 10th Avenue, Columbus, OH 43210**

Light meal provided and a parking pass for the adjacent Safe Auto garage
(visit www.medicalcenter.osu.edu for directions)

Kathleen Dungan, MD, MPH is an Associate Professor of Medicine in Endocrinology, Diabetes & Metabolism at OSUWMC, where she serves as Director of the Endocrine Clinical Trials Unit and Associate Director of Clinical Services for the Division. Dr. Dungan graduated from The Ohio State University College of Medicine in 2001. She completed her residency in internal medicine (2004) and fellowship in endocrinology (2006) at the University of North Carolina at Chapel Hill. She has been awarded the Castle Connolly's Top Doctors on a regular basis. She is a member of the American Diabetes Association and the Endocrine Society. Her specialty is endocrinology with a focus on diabetes mellitus.

Caroline Rankin is the Executive Director of Health Innovations of the YMCA of Central Ohio. She is responsible for the implementation and direct oversight of all evidenced based programs provided, including the YMCA Diabetes Prevention Program, Enhanced Fitness, LIVESTRONG at the YMCA, Healthy Weight and Your Child, and Delay the Disease. Ms. Rankin has a BA from Ohio University and is currently in the Masters of Public Health program through Kent State University. She has served on various national committees supporting the development and expansion of Chronic Disease programming for the YMCA of the USA.

RSVP to Jeff Davidson at (614) 580-1561 or jadavidson@columbus.rr.com
Visit our website at: www.mendedheartscentralohio.org

Mended Hearts members seek to inspire, comfort and support heart patients and their families and people at risk of heart disease. Since March 2011, our central Ohio Chapter has grown to over 290 members and made over 7,000 heart patient visits at the Ross and University Hospital East. We share heart success stories, strive to stay healthy long-term, and host educational meetings each month!