



HEALING HEARTS OF
CENTRAL OHIO

(FORMERLY MENDED HEARTS OF CENTRAL OHIO)

2017 Year in Review

BOARD - APRIL 2017



BOARD OF DIRECTORS

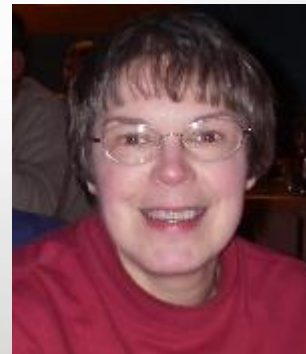


Jeff
Davidson
President



Jim
Kelly
Vice
President

Helen
Davidson
Treasurer



Lynne
Kelly
Secretary

BOARD OF DIRECTORS



Christine
Ballengee
Morris



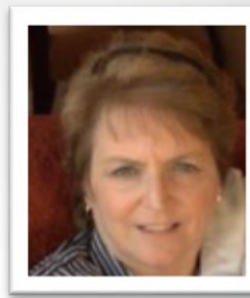
John
Cole



Christine
Bryant



John
Afek



Annette
Salser



Jim
Kelly



Ron
Keener

MEMBERSHIP

Our membership grew from 7 members in 2010
to 334 members as of Nov 2017!



PATIENT VISITING

From Jan – Oct 2017 we visited over 1,300 patients.

In total since 2010, Healing Hearts has visited over 8,000 patients.



FUNDRAISING 2016-2017

Courtney Williams Fund in Heart Failure Research

Over \$227,000 raised to date!



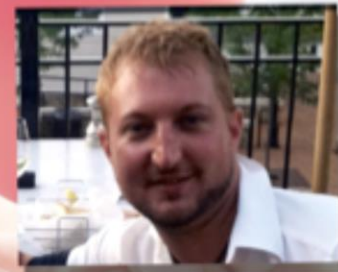
Courtney Williams, Age 36



Rebekah Salser Hambor, Age 30

Courtney Williams Fund in Heart Failure Research
at the OSU Foundation

In Memory of Courtney, Rebekah, and Nicholas



Nicholas Hunter, Age 31

FUNDRAISING 2013-2017

Cardiac Rehabilitation Access Fund

Over \$120,000 raised to date!



Outpatient
Cardiac
Rehabilitation



EDUCATIONAL MEETINGS

Highlights of 2017 Meetings

(meetings held in The Ohio State Ross Heart
Hospital Auditorium)

Members share their “heart success stories” and
experiences at our monthly meetings.

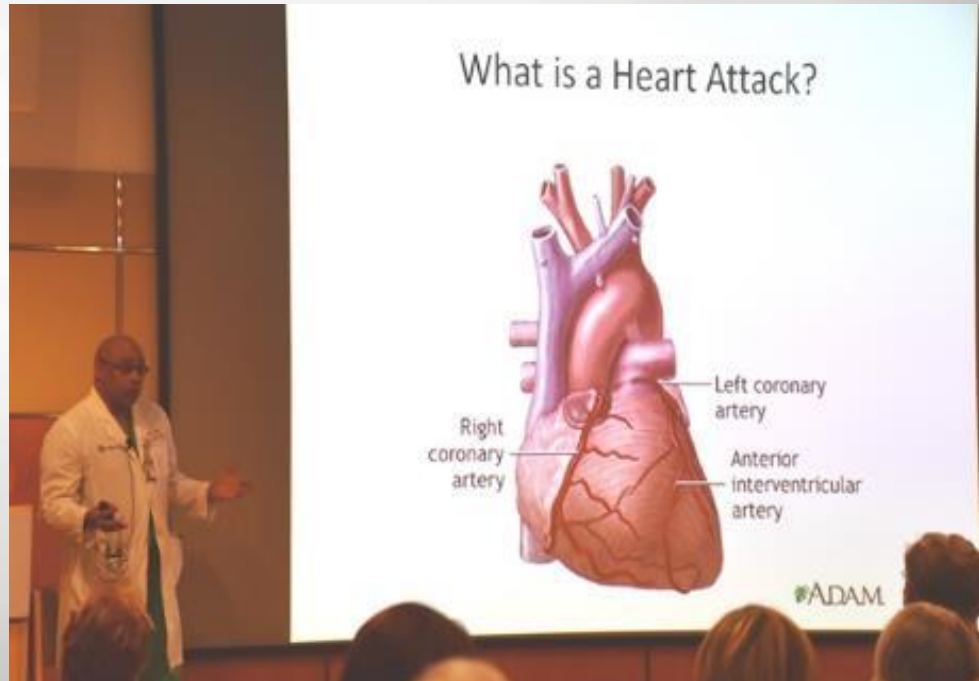
You can see some of these real stories at www.healingheartscentralohio.org

MONTHLY MEETINGS

January 2017

Dr. Quinn Capers

“Heart Attacks:
Current Treatment
and How to Thrive
Afterwards”



MONTHLY MEETINGS



February 2017

Dr. John Hummel
“A-Fib and the
Differences
Between Men and
Women ”

MONTHLY MEETINGS

March 2017

Dr. Kathleen
Dungan

“Diabetes and the
Heart”



MONTHLY MEETINGS



April 2017

Dr. Stanton, Dr. Pickworth,
Dr. Boyd, and Dr. Jewani
PharmDs

“An Evening With The
Pharmacist”

MONTHLY MEETINGS

May 2017

Dr. Peter Mohler
“Heart Failure and
Life-Changing
Research”



MONTHLY MEETINGS



June 2017

*“Open Your Heart”
Sharing Meeting*



MONTHLY MEETINGS

July 2017

Summer Vacations

MONTHLY MEETINGS



August 2017

Dr. David Keseg, Gail Hogan and Columbus Fire Department EMT's "Hands-Only CPR"

MONTHLY MEETINGS

September 2017

Dr. Ragavendra

Baliga

“Preventing
Heart Disease”



MONTHLY MEETINGS



October 2017

James Warner
“Nutrition and a
Heart Healthy Diet”

MONTHLY MEETINGS

November 2017

Dr. Ellin Gafford

“Palliative Care and
Caregiver Decisions”



UPCOMING MEETINGS

Thurs., Jan 11, 2018: Dr. Brent Lampert, DO, FACC, Heart Failure & Transplantation Specialist and Assistant Professor of Clinical Medicine within the Division of Cardiology at the OSU Wexner Medical Center, will speak on: "**Living with Heart Failure**".



Thurs., Feb 8, 2018: Dr. Timothy Obarski, DO, FACC, FACP, Director of Echocardiography and Assistant Professor of Clinical Internal Medicine at the OSU Wexner Medical Center, will speak on: "**Heart Valve Replacements—From the Old to the New**".



UPCOMING MEETINGS

Thurs., Mar 8, 2018: Dr. Kathleen Dungan, MD, MPH, Associate Professor of Medicine in Endocrinology, Diabetes and Metabolism at the OSU Wexner Medical Center, will speak on: **“Diabetes and Heart Disease”**



Thurs., April 12, 2018: YMCA Fitness Leaders will present: **Enhance®Fitness** a program geared toward anyone; people with a chronic condition, such as arthritis or diabetes and heart patients, to safely increase fitness levels.

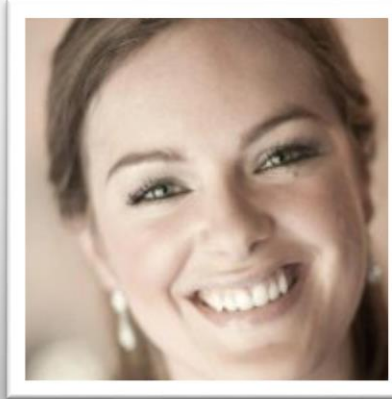


THANK YOU OSU

Thank You OSU Ross Heart Hospital
for Hosting Us Every Month!



Kim Nolan



Natalie Brown

THANK YOU MEDICAL STAFF

And thanks to OSU surgeons who perform
open-heart surgeries every day!



THANK YOU SPONSORS



THE OHIO STATE UNIVERSITY

WEXNER MEDICAL CENTER

Heartland 

 **The MacIntosh**
Heart Health & Rehab Center
at Monterey and Whetstone

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REAL ESTATE
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 **HOSPICE of
CENTRAL OHIO**
Our center of care is you

Kindred
Hospice 

VITAS[®]
Healthcare

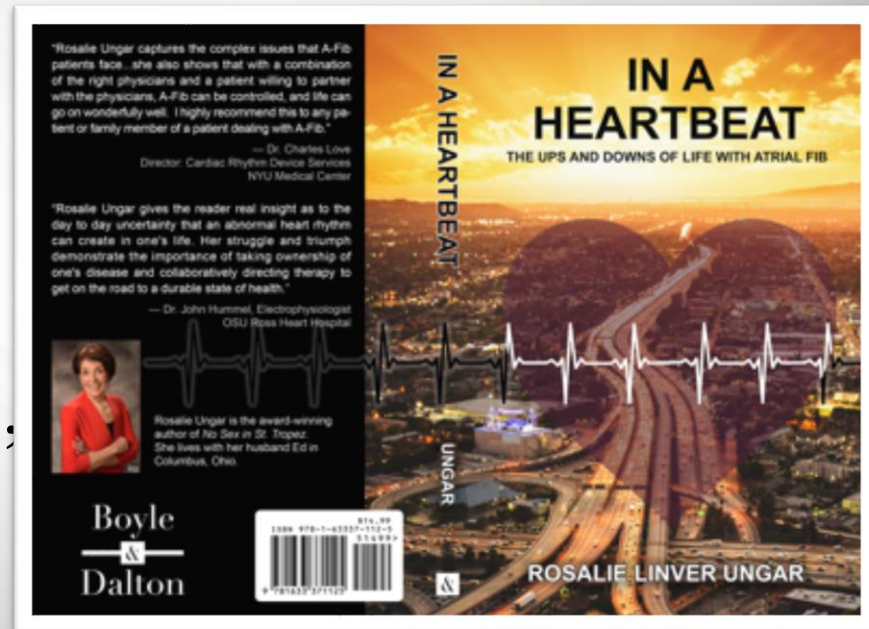
COSTCO
WHOLESALE

ZOLL

AUTHORS IN GROUP

Rosalie Ungar
author of:

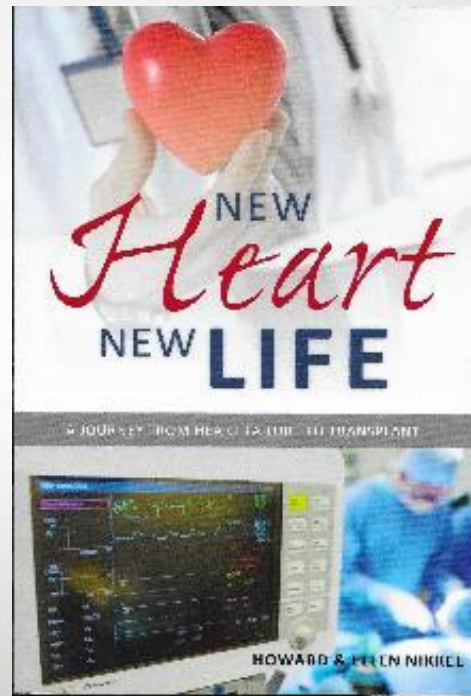
“In A Heartbeat”



AUTHORS IN GROUP

Howard Nikkel
author of:

“*NEW Heart*
NEW LIFE”



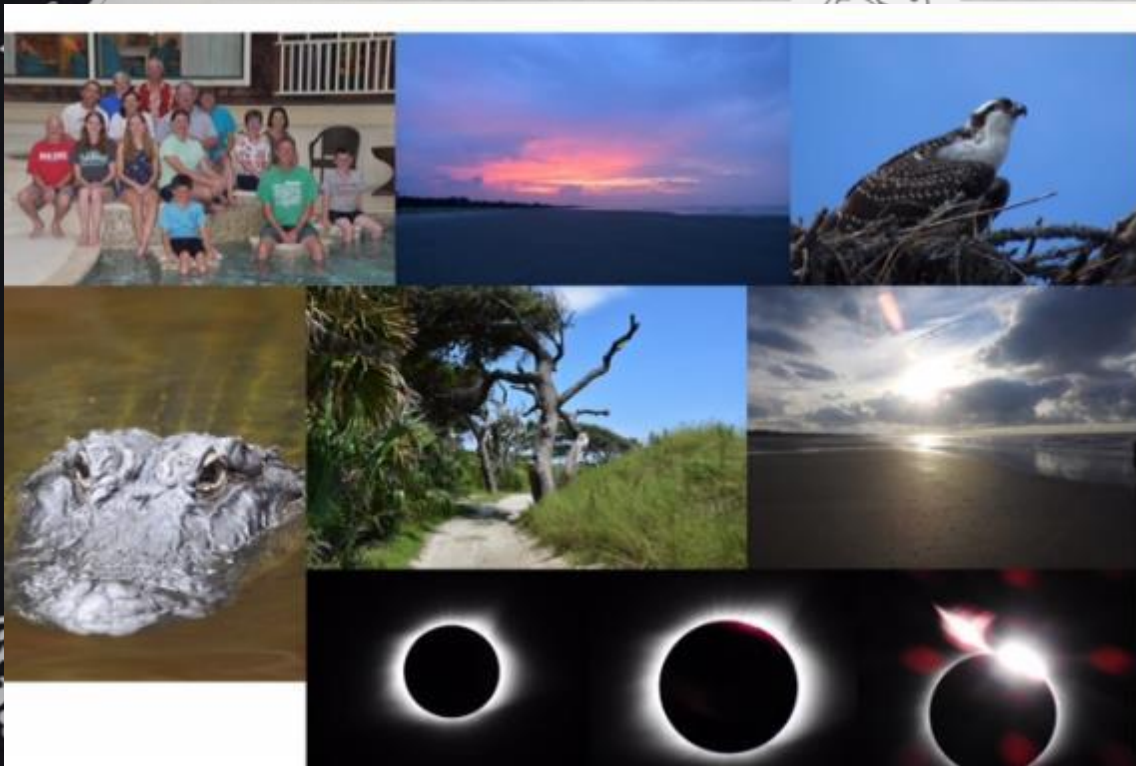
LIVING LIFE IN 2017

John Afek

Enjoying the water in Sarasota and Siesta Key and time with family.



LIVING LIFE IN 2017



John Cole

Kiawah Island and

Solar Eclipse

vacations

LIVING LIFE IN 2017

Rod and Karen Chambers

Overlooking Florence, Italy



LIVING LIFE IN 2017

Jeff and Helen Davidson

Buckeyes Game and Eastern European Vacation



LIVING LIFE IN 2017

Akhlaq and Tahira Farooqui

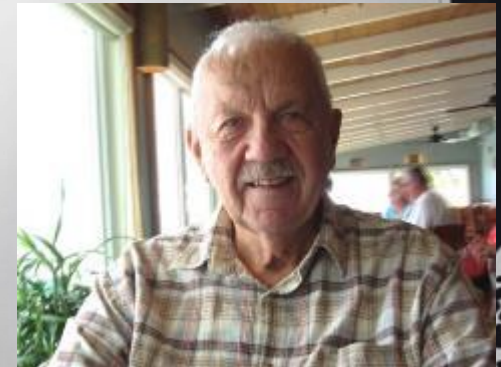
Just walk—every step is part of a journey to good heart health.



LIVING LIFE IN 2017

David and Joan Grube

Maker's Mark Distillery, Kentucky Dinner Train, and Florida's
Gulfshore Grill travels in 2017



LIVING LIFE IN 2017

Bob and Lisa Gruebel

Swiss Alps, Northern Italy, and Golden Gate Bridge



LIVING LIFE IN 2017

Ray and Melissa Justice

Adopted A Boy in 2017!



LIVING LIFE IN 2017

Ron and Andrea Keener

Expecting a Baby (Girl)
Buckeye!



LIVING LIFE IN 2017

Jim and Lynne Kelly

Vacations – Kennebunkport, Maine and Cleveland Museum of Art



LIVING LIFE IN 2017

Jamie Lanier

Enjoying life as a long-time CHD patient.



LIVING LIFE IN 2017

Dan and Emily Leite

Enjoying life and running Marathons again



LIVING LIFE IN 2017

Reggie and Maria Roundtree

Living and Loving in 2017



LIVING LIFE IN 2017

Annette and Tom Salser

Family and Enjoying Lobster in New Hampshire



LIVING LIFE IN 2017

Mark and Tracey Sandy

Enjoying giving back and inspiring others



LIVING LIFE IN 2017

Randy and Barb Smith

At White Sands National Park and Virginia Beach



LIVING LIFE IN 2017

Ed and Rosalie Ungar

Enjoying life and promoting her book



LIVING LIFE IN 2017

Christine, Jason, Mia and Gwen Whaley

Enjoying the simple things in life



LIVING LIFE IN 2017

YMCA and Community Health Days



LIVING LIFE IN 2017

Lifeline of Ohio Dash for Donation



LIVING LIFE IN 2017

Ohio State Ross TriFit Challenge

